

## **Requirements Regarding NBA Player Participation With National Teams**

### **I. Training and Competition**

- A. Length of Training. Players are not allowed to participate with a national team for more than five weeks of training activities, which include but are not limited to training camp, preparatory games, and travel days.
- B. Training Practices. Players are allowed to participate in training activities only to the extent that the activities comply with the following:
- (i) Basketball and physical conditioning activities shall not deviate from generally-accepted, safe training practices. By way of illustration only, players shall not be allowed to participate in running exercises in the mountains or on other uneven terrain, or in basketball activities on any unsafe playing surface.
  - (ii) Basketball and physical conditioning activities (including warm-ups and stretching) shall not last more than four hours per day. Basketball and physical conditioning activities involving physical contact (such as the playing of live defense) or other high-intensity training shall be limited to no more than two hours per day and shall be conducted within a single practice session.
  - (iii) The frequency and duration of non-physical training activities (such as film sessions and strategy discussions) are not limited by subparagraphs (i) and (ii) above.
- C. Safety of Players. Players are not allowed to participate with a national team in training or competition activities when there is a reasonable medical concern that such participation will place the player at substantial risk of injury, illness, or other harm.

### **II. Medical Information, Care, and Supplies**

- A. Injury Reporting and Evaluation. National teams shall be required to report immediately any injury, illness, or other condition suffered by an NBA player to the player's NBA team, and shall promptly provide any relevant medical or other records for that player to the player's NBA team. In the event of a player injury, national teams shall

provide a physician or other representative of the player's NBA team access to the injured player so that the NBA team may participate in the evaluation and treatment of the injury. A player is not allowed to participate further in training or competition activities with a national team if such reporting and access is not provided for that player.

- B. Trainers, Physicians, and Medical Supplies. A qualified athletic trainer shall be present and available to treat players during all on-court basketball and physical conditioning activities at every training and practice session of a national team. In addition, a qualified athletic trainer and licensed physician shall be present and available to treat players at every game played by a national team. A national team shall provide the names and contact information for any such trainers and physicians to a player's NBA team in advance of the player's participation with the national team. Players are not allowed to participate further in training or competition activities with a national team if these requirements are not met. Guidelines shall be established to ensure that adequate medical supplies are available at all national team practices and games.

**III. Access to Players**

National teams and NBA teams shall work cooperatively to provide reasonable access upon request to NBA players at NBA and national team practices and games in order to facilitate the monitoring of player health, including but not limited to the issuance (whenever possible) of appropriate credentials allowing for such access.